

STATE OF OKLAHOMA

1st Session of the 58th Legislature (2021)

SENATE
RESOLUTION 4

By: Kirt and Garvin

AS INTRODUCED

A Resolution designating Thursday, Feb. 4, 2021, as
Wear Red Day to increase awareness for the ongoing
fight against heart disease and stroke.

WHEREAS, cardiovascular diseases are the number one killer of
women in the U.S.; and

WHEREAS, cardiovascular diseases kill one woman almost every 80
seconds in the U.S.; and

WHEREAS, heart disease and stroke can affect all women at any
age, heart attacks are on the rise in younger generations of women,
Gen Z and Millennials are less likely to be aware of knowing the
warning signs of heart attacks and strokes; and

WHEREAS, cardiovascular diseases kill 1 in 3 women, but about
eighty percent of cardiac events can be prevented through education
and lifestyle changes; and

WHEREAS, the American Heart Association's Go Red for Women
movement motivates women to learn their family history and to meet

1 with a healthcare provider to determine their risk for
2 cardiovascular disease and stroke; and

3 WHEREAS, as the trusted, passionate and relevant force for
4 change to eradicate heart disease and stroke in women, the American
5 Heart Association's Go Red for Women remains steadfast and committed
6 to meeting the comprehensive health needs of women - at every life
7 stage.

8 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE 1ST SESSION
9 OF THE 58TH OKLAHOMA LEGISLATURE:

10 THAT by increasing awareness, speaking out about heart disease,
11 and empowering women to reduce their risk for cardiovascular
12 diseases, we can save thousands of lives each year.

13 THAT the Oklahoma State Senate in recognition of the importance
14 of the ongoing fight against heart disease and stroke does hereby
15 proclaim Thursday, Feb. 4, 2021, to be Wear Red Day at the Oklahoma
16 Capitol.

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